



LSVT® BIG

Training and Certification Workshop

Arlington Heights/Chicago, IL

LSVT GLOBAL announces the 2012 LSVT® BIG Training and Certification Workshop Series for physical and occupational therapists

The LSVT BIG Training and Certification Workshop is a two-day program designed to train physical and occupational therapists in an intensive whole body amplitude-based training protocol for individuals with Parkinson disease. The fundamental treatment principles and rationale, key treatment elements, efficacy data supporting treatment outcomes, details of treatment tasks, and practical delivery and marketing considerations are taught through lecture, demonstration, and case study presentations. Participants should wear loose fitting clothing that allows freedom of movement for participation in hands-on practice and interactive sessions. This training qualifies for 12 contact hours.

Steps for Certification:

1. Register for a two-day LSVT BIG Training and Certification Workshop.
2. Complete two required pre-workshop readings; participants are responsible for information in these readings. **These readings will be sent as email attachments with your workshop confirmation (24-48 hours after registration is processed).**
3. Read and accept the Clinician Confidentiality and Practice Agreement, attendance and cancellation policies.
4. Attend the entire two-day LSVT BIG Training and Certification Workshop
5. **Complete a Certification Exam with an 85% score required to receive certification.** The exam will be administered during the two-day training course. If a participant does not pass the examination, there will be an opportunity for a post-workshop learning task to complete the certification requirements.

Date:

Saturday, July 28, 2012: 9 a.m. – 5 p.m.

Sunday, July 29, 2012: 9 a.m. – 4 p.m.

Workshop Location:

DoubleTree by Hilton Hotel
Chicago-Arlington Heights
Arbor Ballroom
75 W Algonquin Rd
Arlington Heights, IL 60005

Directions/Map:

[Click Here for Direction and Map](#)

Complimentary Onsite Parking

Registration Deadline:

July 20, 2012

Airports:

O'Hare International Airport

Hotel Options Available:

DoubleTree by Hilton Hotel
Chicago-Arlington Heights
75 W Algonquin Rd
Arlington Heights, IL 60005
Hotel/Reservations: 847-364-7600

*** Please note that LSVT Global has negotiated a rate of \$99 per night for this hotel. Please call hotel directly by June 28, 2012 and mention "LSVT Global" when booking. ***

Learning Outcomes

Upon conclusion of this workshop participants (Physical and Occupational Therapists) will be able to:

- Summarize the evolution of LSVT BIG from an efficacious speech treatment (LSVT LOUD).
- Explain the rationale for using LSVT BIG for Parkinson disease.
- Describe the LSVT BIG essential fundamental concepts and explain the rationale and methods for these concepts.
- Discuss key elements of LSVT BIG that are consistent with theories of motor learning and principles that drive activity dependent neuroplasticity.
- Explain and demonstrate all aspects of LSVT BIG including daily exercises, functional component movements, hierarchy tasks, calibration, and quantification.
- Implement LSVT BIG with confidence.
- Effectively educate physicians and other health-care professionals about the benefits of amplitude-based therapies, including LSVT LOUD and LSVT BIG.
- Discuss strategies for insurance coverage for LSVT BIG.
- Document benefits of LSVT BIG on key clinical outcome variables.

LSVT® BIG Workshop Faculty (a team of 2-3 will present at each workshop)

Cynthia Fox, Ph.D., CCC-SLP

Cynthia Fox, Ph.D., CCC-SLP received her doctorate degree in Speech and Hearing Sciences from the University of Arizona, Tucson. She is an expert on rehabilitation and neuroplasticity and the role of exercise in the improvement of function consequent to neural injury and disease. Dr. Fox is a leader in administration of LSVT LOUD speech treatment for people with Parkinson disease (PD). She was the first to apply this treatment to other disorders, such as multiple sclerosis and pioneered the application to pediatric populations. Dr. Fox has worked closely on the development of a physical therapy program - LSVT BIG - that was modeled after LSVT LOUD. Dr. Fox is a research associate at the National Center for Voice and Speech and Co-founder and Chief Clinical Officer of LSVT Global, Inc.

Patricia S. Brown, PT, DPT, NCS

Ms. Brown received her Bachelor of Science in Physical Therapy from California State University Long Beach and her Doctor of Physical Therapy from Western University in Pomona. She is certified by the American Board of Physical Therapy Clinical Specialists in Neurology since 1999. She is certified in LSVT BIG and is a graduate of the National Parkinson Foundation's (NPF) Allied Team

Training (ATTP) for PD. Currently, she is a Neurologic Clinical Specialist at Saddleback Memorial Medical Center in Laguna Hills, California.

Heather J. Cianci, PT, MS, GCS

Ms. Cianci is the founding therapist of the Dan Aaron Parkinson's Rehab Center (a Good Shepherd Penn Partners facility) at Pennsylvania Hospital in Philadelphia, PA. She received her bachelor's in PT from the University of Scranton in Scranton, PA and her master's in gerontology from Saint Joseph's University in Philadelphia. Heather received her GCS in 1999. She is certified in LSVT BIG and is a graduate of the NPF's Allied Team Training for PD. She has written and lectured for both the NPF and PDF. Heather is also a board member for CurePSP, and the coordinator of their Medical Professionals Advisory Committee.

Tom Gangemi, PT

Mr. Gangemi received his degree in Physical Therapy from Ithaca College and his MBA in Health Care from the University of Hartford. He has been a practicing therapist for over 30 years, the last 10 of which have been in the treatment of individuals with movement disorders, particularly Parkinson disease. He is certified in LSVT BIG. Mr. Gangemi is the Director of Rehabilitation Services for CareSouth Home Care Professionals. Prior to that, he was co-founder of a practice devoted to movement disorders.

Laura Gusé, MPT

Ms. Guse' received her Master's Degree in Physical Therapy at the University of North Dakota in 1997. Ms. Guse' has worked extensively in the area of neurodegenerative and neurological disorders for over 13 years, both in outpatient and inpatient settings. She specializes in treatment of Parkinson disease and multiple sclerosis. She is certified in LSVT BIG and is a certified clinical instructor. She now works for Sanford Health in Fargo, North Dakota, as an outpatient physical therapist specializing in neurological conditions.

Tamera Hefferon, PT, DPT

Ms. Hefferon received her Doctorate in Physical Therapy from A.T. Still University in Mesa, AZ. Ms. Hefferon has worked with a varied and dynamic patient population with a focus in the last several years on the treatment of Parkinson's disease. She is currently the Senior Clinical Manager of Outpatient Rehabilitation Services at Banner Thunderbird Medical Center in which she oversees a comprehensive physical therapy, occupational therapy, speech language therapy and pain program, consisting of 6 LSVT BIG certified clinicians and 3 certified LOUD clinicians. She also serves as adjunct faculty at Midwestern University in Glendale, AZ.

Bernadette Kosir OTR/L

Ms. Kosir received her Bachelor's degree in Biology from the University of Michigan in Ann Arbor, and her Certification in Occupational Therapy from Wayne State University in Detroit. She has been an Occupational Therapist for 27 years, and joined Residential Home Health in 2001 as a Lead Registered Occupational Therapist. Currently she is the Therapy Clinical Team Specialist for

staff educational support and effective team process development, and is the Clinical Program Manager for the LSVT BIG and LSVT LOUD programs.

Kathleen Salik., PT, CCCE

Ms. Salik received her Bachelor's degree in Physical Therapy from Ithaca College in New York in 1985. She is currently working toward a Transitional Doctorate degree in Physical Therapy. Ms. Salik is the Clinical Coordinator for Education for Banner Thunderbird Rehabilitation Services in the outpatient department at Banner Thunderbird Medical Center, Phoenix, AZ. Ms. Salik has advanced training in Vestibular Rehabilitation and is LSVT BIG certified. She has recently established exercise classes for patients once they have completed the LSVT BIG program.

Jenny Tuccitto, MPT

Ms. Tuccitto received her Master's in Physical Therapy from the College of St Catherine in Minneapolis, MN. As a physical therapist she treats a wide variety of clients with neurological and/or orthopedic diagnoses. Ms. Tuccitto is a LSVT BIG certified therapist and serves as the facility lead for treatment of client's with Parkinson disease. She has collected outcome data for the LSVT BIG program and presents on the LSVT BIG program both to staff and community groups. Ms. Tuccitto works for Courage Center, a rehabilitation center in Stillwater, MN.

LSVT[®] Certification

The LSVT[®] trademark and other logos appearing within LSVT's website and on LSVT's literature are registered and unregistered trademarks of LSVT Global, Inc.

Only individuals directly certified by LSVT Global, Inc. and who have attended an LSVT Training and Certification Workshop with specific training in the LSVT modalities of treatment for individuals with speech or movement disorders related to Parkinson disease and other neurological disorders or conditions are entitled to use the LSVT trademarks. An individual who has attended a Workshop and received a certificate of LSVT training will be able to use the LSVT trademark to refer to themselves as an "LSVT[®] trained clinician."

Any non-sanctioned use is strictly prohibited.

An LSVT trained clinician will be able to:

- Use the LSVT trademark to indicate they are an LSVT trained and certified clinician
- Use LSVT's efficacy data to market and support reimbursement of LSVT programs
- Enroll in the database of LSVT trained clinicians for patient and physician referrals
- Subscribe to the LSVT online discussion groups
- Audit future LSVT Training and Certification Workshops for reduced fees

LSVT BIG Certification Renewal

LSVT BIG Certification requires renewal once every 2 years. The process of LSVT BIG Certification renewal will be primarily web-based and involve the following steps:

- Complete an LSVT BIG continuing education activity (provided via web-based reading/video/exam)
- Document use of LSVT (survey questions related to number of patients treated and general treatment outcomes)
- Provide updated contact information for patient referrals
- Pay renewal fee
- LSVT BIG Certified clinicians will be contacted by LSVT Global when it is time for their certification renewal

Workshop Schedule

Participation at the entire workshop is MANDATORY. Participants who arrive late or miss any portion of the workshop will NOT be eligible for certification or a refund of any costs incurred. Plan your travel arrangements accordingly.

DAY 1

8:15 – 9:00 a.m.

REGISTRATION

Pre-Workshop EXAM

The purpose of the pre-workshop Exam is to prime participants for information that is important during the 2-day workshop presentation. Participants are not expected to know the answers to the questions on the pre-exam. The post-exam is the one that will count for certification. All participants are required to take and complete the pre-workshop exam.

9:00 – 10:45 a.m.

Introduction to LSVT BIG Paradigm Shifts: Target (amplitude), Mode (Intensive and High effort), and Calibration (addressing barriers to generalization)
Overview of Parkinson disease

10:45-11:00 a.m.

BREAK

11:00 – 11:30 a.m.

LIVE Patient DEMO

11:30 a.m. – 12:30 p.m.

**Fundamentals – Neuroplasticity-based rationale
Review of efficacy data for LSVT LOUD and LSVT BIG**

12:30 – 1:30 p.m.

LUNCH (on your own)

1:30 – 3:15 p.m.

LSVT BIG METHODS:

Daily Exercises– a detailed description

Role Play of LSVT BIG Daily Exercises

3:15 – 3:30 p.m.

BREAK

3:30 – 5:00 p.m.

LSVT BIG METHODS:

Functional Component Tasks – a detailed description

Walking BIG

Hierarchy Tasks – a detailed description

Role Play of LSVT BIG Functional Component Movements, Walking BIG, and Hierarchy Tasks

DAY 2

9:00 – 10:45 a.m.

Review of Daily Exercises, Functional Component Movements and Hierarchy Tasks

Case Study: Functional Component Movements and Hierarchy Tasks

LSVT BIG METHODS - Calibration

Role Play of LSVT BIG Daily Exercises WITH Calibration techniques

10:45 – 11:00 a.m.

BREAK

11:00 a.m.-12:00 p.m.

LSVT BIG Quantification and Reimbursement

12:00 – 12:30 p.m.

EXAM – 85% pass required for certification

12:30 – 1:30 p.m.

LUNCH (on your own)

1:30 – 2:45 p.m.

“Hands - on” Practice with Individuals with Parkinson Disease

This section allows each clinician to practice the LSVT BIG techniques with an individual with Parkinson disease under the supervision of the workshop faculty.

2:45-4:00 p.m.

Critical Treatment Considerations

Review of Paradigm Shifts

LSVT BIG Marketing , Future Research/Technology

LSVT BIG Workshop Conclusions

“I liked the patient practice, it allows for me to begin working on LSVT BIG with my patient’s right away and feel comfortable that I am doing exercises/treatment correctly.”

“I thought the instructors were very skilled at conveying all aspects of care from research, techniques, etc.”

“I really liked how ample time was given for practice of the movements.”

“Patients with PD have the potential – they just don’t tap into it because it requires more and more effort for them to move ‘normally’ - I can help!”

“The technique of LSVT BIG will be very useful to me for the home health setting.”

Continuing Education: This program qualifies for 12 contact hours. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements. This course has been submitted to multiple state Physical Therapy Associations for approval. Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

For more information contact:

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